



TIMES				Thursday 1	Friday 2
10 – 10:30 a.m. 10:30 – 11 a.m. 11 a.m. – noon 1 – 2 p.m. 2 – 3 p.m. 3 – 4 p.m. 4 – 5 p.m.				Walking Club Exercise with Deborah Spoonerisms Bingo! Watercolor Collage Alphabet Ball Music and Trivia	Reminiscing Singing with Marge Exercise & Good News Movie/ Discussion group Family Feud Music and Coloring
	Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
10 – 10:30 a.m. 10:30 – 11 a.m. 11 a.m. – noon 1 – 2 p.m. 2 – 3 p.m. 3 – 4 p.m. 4 – 5 p.m.	Walking Club Exercise with Deborah Singing with Jolene Lighthouses Basketball “Back Porch Trio” Music/Memory Games	Reminiscing Exercise About Tony Bennett Aromatherapy Horse Racing with Sarah Music with Mike Music and Word Games	Piano by Delores Exercise w/ Mary & Anne Music & Games Bingo! Music with Mary Spanish with Ana Music and Pictionary	Walking Club Exercise with Deborah French with Charles Bingo! Palm Fan Making Celebrate Hawaii Music and Coloring	Reminiscing Singing with Marge Exercise Movie/ Discussion group Dance Party Music and Trivia

**Meal Schedule:** 8 a.m. – 10 a.m.: Breakfast social      Noon: Lunch      3 p.m.: Snack

TIMES	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
10 – 10:30 a.m. 10:30 – 11 a.m. 11 a.m. – noon 1 – 2 p.m. 2 – 3 p.m. 3 – 4 p.m. 4 – 5 p.m.	Walking Club Exercise with Deborah Dog Days Archery with Sarah Nature with Julaine Name That Tune Music and Coloring	Reminiscing Exercise About Smokey the Bear Bowling Historical Documentary Music w/ “Blue Skies” Sax Music and Board Games	Piano by Delores Exercise w/ Mary & Anne Music & Games Bingo! Music with Mary Spaghetti Challenge Music and Trivia	Walking Club Exercise with Deborah Remembering Elvis Bingo! Cartoon Captions Volleyball Music/Memory Games	Reminiscing Singing with Marge Exercise & Good News Movie/ Discussion group Jeopardy Music and Word Games
	Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
10 – 10:30 a.m. 10:30 – 11 a.m. 11 a.m. – noon 1 – 2 p.m. 2 – 3 p.m. 3 – 4 p.m. 4 – 5 p.m.	Walking Club Exercise with Deborah Singing with Jolene Horse Racing with Sarah Music with Ava Bean Bag Toss Music and Trivia	Reminiscing Exercise The Great Outdoorsman Music w/ “On the Fence” Hockey Music with Mike Music and Word Games	Piano by Delores Exercise w/ Mary & Anne Music & Games Bingo! Rate That Taste Dance Party Music/Memory Games	Walking Club Exercise with Deborah Rock Painting Bingo! Rock Painting Continued Game Stations Music and Coloring	Reminiscing Singing with Marge Exercise Movie/ Discussion group Spanish with Ana Music and Pictionary
	Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
10 – 10:30 a.m. 10:30 – 11 a.m. 11 a.m. – noon 1 – 2 p.m. 2 – 3 p.m. 3 – 4 p.m. 4 – 5 p.m.	Walking Club Exercise with Deborah Singing with Jolene Poetry Sand Craft Ring Toss Music and Board Games	Reminiscing Exercise Name That Tune Dance Party Nature with Julaine Game Stations Music and Coloring	Piano by Delores Exercise w/ Mary & Anne Music & Games Bingo! Music with Mary Volleyball Music and Word Games	Walking Club Exercise with Deborah ASL/Participation Story Bingo! Ballroom Dance w/ Jolene Jeopardy Music and Trivia	Reminiscing Singing with Marge Exercise & Good News Movie/ Discussion Group Charades Music/Memory Games

**Meal Schedule:** 8 a.m. – 10 a.m.: Breakfast social      Noon: Lunch      3 p.m.: Snack

