

Sample 2023 Activity Calendar



Here's what we'll be doing in the coming weeks!

TIMES	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
8 – 9:30 a.m. 9:30 – 10:30 10:30 – 11 11 – noon Noon – 12:30 1 – 2 2 – 3 3 – 3:30 3:30 – 5	Breakfast Social Today in history Exercise w/ Mary & Anne Cookie Decorating Lunch Bingo! Music w/ Mary Snack Pickup & Activity	Breakfast social Today in history Exercise w/ Deborah Music Lunch Balloon volleyball Music w/ Mary Snack & memory games Pickup & activity	Breakfast social Today in history Exercise w/ Mary & Anne Music Lunch Balloon volleyball Jen & Friends singing Snack & memory games Pickup & activity	Breakfast social Today in history Therapy dog Pete Music Lunch Balloon volleyball Horse racing Snack & memory games Pickup & activity	Breakfast social Today in history Singing with Jolene Exercise Lunch Bingo! Board games Snack & memory games Pickup & activity
	Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
8 – 9:30 9:30 – 10:30 10:30 – 11 11 – noon Noon – 12:30 1 – 2 2 – 3 3 – 3:30 3:30 – 5	Breakfast social Today in history Music w Jolene Exercise w/ Deborah Lunch Bowling Air hockey Snack & Music w/ Mike Pickup & activity	Breakfast social Today in history Exercise w/ Deborah Music Lunch Ring toss Watercolor painting Snack & memory games Pickup & activity	Breakfast Social Today in history Singing with Jolene Exercise Lunch Basketball Air hockey Snack Pickup & activity	Breakfast Social Today in history Exercise w/ Mary & Anne Cookie decorating Lunch Bingo! Music w/ Mary Snack Pickup & activity	Breakfast social Today in history Exercise w/ Deborah Music Lunch Balloon volleyball Sand art Snack & memory games Pickup & activity