

APPENDIX 2

PALLIATIVE PERFORMANCE SCALE (PPS)

%	Ambulation	Activity and Evidence of Disease	Self-Care	Intake	Conscious Level
0	Death	—	—	—	—
10	Totally bedbound	Unable to do any work, extensive disease	Total care	Mouth care only	Drowsy or coma
20	Totally bedbound	Unable to do any work, extensive disease	Total care	Minimal sips	Full or drowsy or confusion
30	Totally bedbound	Unable to do any work, extensive disease	Total care	Reduced	Full or drowsy or confusion
40	Mainly in bed	Unable to do any work, extensive disease	Mainly assistance	Normal or reduced	Full or drowsy or confusion
50	Mainly sit/lie	Unable to do any work, extensive disease	Considerable assistance necessary	Normal or reduced	Full or confusion
60	Reduced	Unable hobby/housework, significant disease	Occasional assistance necessary	Normal or reduced	Full or confusion
70	Reduced	Unable normal job/work, some evidence of disease	Full	Normal or reduced	Full
80	Full	Normal activity, with effort, some evidence of disease	Full	Normal or reduced	Full
90	Full	Normal activity, some evidence of disease	Full	Normal	Full
100	Full	Normal activity, no evidence of disease	Full	Normal	Full

Adapted from Anderson, Fern et al. (1996) Palliative Performance Scale (PPS) a new tool. *Journal of Palliative Care* 12(1), 5–11