



Caregiver Resources

Suggested books:

Caregiving: The Spiritual Journey of Love, Loss and Renewal

Author: Beth Witrogen McLeod ISBN #: 0471392170

When Love Gets Tough: The Nursing Home Decision

Author: Doug Manning ISBN #: 1892785005

The Dying Time: Practical Wisdom for the Dying & Their Caregivers

Authors: Joan Furman and David McNabb ISBN #: 0609800035

A Caregiver's Survival Guide: How to Stay Healthy When Your Loved One is Sick

Author: Kay Marshall Strom ISBN #: 0830822305

May I Walk You Home? Courage and Comfort for Caregivers of the Very Ill

Authors: Joyce Hutchison and Joyce Rupp ISBN #: 159471214X

Caregivers and Personal Assistants: How to Find, Hire and Manage the People Who Help You (Or Your Loved One!)

Author: Alfred H. Degraff ISBN #: 0962110612

The Gifts of Caregiving: Stories of Hardship, Hope and Healing

Author: Connie Goldman ISBN #: 1577491173

Hard Choices for Loving People: CPR, Artificial Feeding, Comfort Care and the Patient with a Life-Threatening Illness

Author: Hank Dunn ISBN #: 1928560032

Handbook for Mortals: Guidance for People Facing Serious Illness

Authors: Joanne Lynn, Joan Harrold and The Center to Improve Care of the Dying ISBN #: 0195146018

The 36-Hour Day: A Family Guide to Caring for People Who Have Alzheimer Disease, Other Dementias, and Memory Loss

Authors: Nancy L. Mace and Peter V. Rabins ISBN #: 0446618764

Learning to Speak Alzheimer's: A Groundbreaking Approach for Everyone Dealing with the Disease

Authors: Joanne Koenig Coste and Robert Butler ISBN #: 0618485171

Always on Call: When Illness Turns Families into Caregivers

Author: Carol Levine ISBN #: 0826514618

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Coping with Your Difficult Older Parent: A Guide for Stressed-Out Children

Authors: Grace Lebow, Barbara Kane and Irwin Lebow ISBN #: 038079750X

The Fearless Caregiver: How to Get the Best Care for Your Loved One and Still Have a Life of Your Own

Author: Gary Barg ISBN #: 1931868565

Making the Moments Count: Leisure Activities for Caregiving Relationships

Author: Joanne Ardolf Decker ISBN #: 0801857007

The Needs of the Dying: A Guide for Bringing Hope, Comfort, and Love to Life's Final Chapter

Author: David Kessler ISBN #: 0061137596 (Revised Jan. 2007)

Self-Care for Caregivers: A Twelve Step Approach

Authors: Pat Samples, Diane Larsen and Marvin Larsen ISBN #: 1568385609

When a Loved One Falls Ill: How to be an Effective Advocate

Authors: Gerri Monaghan and Brian Monaghan ISBN #: 9780761165071

Walking on Eggshells: Caring for a Critically Ill Loved One

Author: Amy Sales ISBN#: 9780882823805

Videos for caregivers:

- **The Gift of Healing Presence: Encouraging Thoughts for Busy Caregivers**
Willow Green Productions
- **The Grit & Grace of Being a Caregiver: Maintaining Your Balance as You Care for Others**
Willow Green Productions
- **Caregiver Wellness Healing Arts Communications**
- **VideoCaregiving** – www.videocaregiving.org A visual education center for family caregivers includes videos on caregiver and Alzheimer's.

